

JMC DAY CAMP PACKING LIST

Anti-Packing List / The Things to Leave at Home: Personal toys, electronics (cell phones, smart watches, Kindles, i-anything, etc), make-up, fireworks, expensive jewelry/watches/cameras, weapons including pocket knives, alcohol/tobacco/drugs, money, scented lotions-attracts bugs, junk food & candy-we want to appreciate wildlife at a distance as opposed to our recreation area.

Below are recommended packing lists items that will keep campers safe and warm during the JMC Day Camp. **Write camper's name on everything!** JMC staff will work with campers each evening to ensure they bring the appropriate gear for the next day and needed items will also be included on page two of the weekly camp schedule.

DAY PACK FOR MONDAY-FRIDAY

Backpack with two arm straps, large enough to carry extra layers, lunch, two snacks, and two water bottles with name. Day pack should have:

CLOTHING

ITEM	QTY	STATUS
Brimmed hat	1	<input type="checkbox"/>
Waterproof raincoat or poncho	1	<input type="checkbox"/>
Closed-toed tennis shoes (preferably broken in)	1	<input type="checkbox"/>
Water activities: swimsuit & towel	1	<input type="checkbox"/>
Paddle boarding or whitewater rafting days: closed toed water shoes (Keens/Chacos/Texas, old tennis shoes. No flip flops or Crocs).	1	<input type="checkbox"/>

FOOD TO BRING EACH DAY OF CAMP

ITEM	QTY	STATUS
Snacks per day	2	<input type="checkbox"/>
Water bottles with name (fill each morning)	1	<input type="checkbox"/>
Healthy lunch daily	1	<input type="checkbox"/>

ADVENTURE GEAR LIST

ITEM	QTY	STATUS
Wheel Days: helmets are required. Bikes, scooters, skateboards, etc should be brought to camp. There is limited indoor storage and several outdoor bike racks. Optional: bike lock.	1	<input type="checkbox"/>
Mountain biking days: helmet & biking gloves	1	<input type="checkbox"/>
Rock Climbing Add-On Field Trip: Booster seat if needed per Colorado Child Passenger Safety Law	1	<input type="checkbox"/>

OPTIONAL

ITEM	QTY	STATUS
Water activities: life vest (JMC will provide, personal life vests may be brought)	1	<input type="checkbox"/>
Hiking days: hiking boots	1	<input type="checkbox"/>
Rock climbing day: rock climbing shoes	1	<input type="checkbox"/>
Sunscreen SPF 30 or higher (non-aerosol) if providing your own	1	<input type="checkbox"/>
Insect repellent (non-aerosol) if providing your own	1	<input type="checkbox"/>
Sunglasses	1	<input type="checkbox"/>
Sunglasses neck strap (required if wearing sunglasses on a water activity)	1	<input type="checkbox"/>